



Just as CPR helps you assist an individual having a heart attack — even if you have no clinical training — Mental Health First Aid helps you assist someone experiencing a mental health related crisis. In the Mental Health First Aid course, you learn risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help. Become a certified Mental Health First Aider. For more information visit [www.mentalhealthfirstaid.org](http://www.mentalhealthfirstaid.org)

Sponsored by

**GRASSROOTS**  
CRISIS INTERVENTION



**When:** Thursday, September 25, 2014  
9:00 a.m to 6:00 p.m

**Where:** Glen Mar United Methodist Church  
4701 New Cut Road  
Ellicott City, MD 21043  
410.465.4994

**Registration Deadline:** Monday, September 22, 2014

**Cost:** \$ 75. Includes materials and lunch. Registration is required. Please complete the attached registration form. For more information contact Tamara at 410-531-6677 or [tamara@grassrootscrisis.org](mailto:tamara@grassrootscrisis.org).

## Mental Health First Aid – September 25, 2014 Registration Form

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### Two ways to Pay:

1. Check: Please make check for \$75 out to **Grassroots Crisis Intervention** and indicate for “MHFA” in the memo field. Mail check and registration form to: Grassroots Crisis Intervention, 6700 Freetown Road, Columbia, MD 21044.

2. Credit Card (Visa, MasterCard, and Discover only): Complete the information below and mail to Grassroots at above address **OR** call Anna Katz at 410-531-6006 for credit card registration by phone. \$75 will be charged to your credit card.

- MasterCard
- Visa
- Discover

Name on Card: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Amount: \_\_\_\_\_

Signature: \_\_\_\_\_